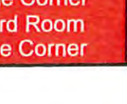
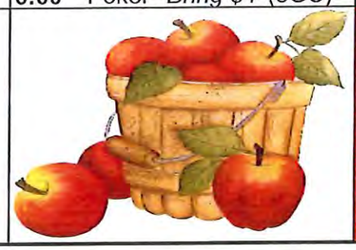
September 2026

PORTWIND at Maple Grove
12001 80th Avenue North
Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please check daily posting for Activity schedule changes. Activities question? Contact Janni at 763-575-7033		**1** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 11:00 Catholic Rosary & Communion (CR) 2:00 Cookies & Coffee (AP) 2:30 BINGO (CR) **Bring 10 dimes & 1 quarter* 5:30 Dominoes (AP)	**2** 10:00 Bible Study (2CC) 10:30 Bean Bag Toss (CR) 1:00 Women's Bible Study & Prayer (3CC) 2:00 Cookies & Coffee (AP) 2:30 Tenant Meeting (CR) 5:00 Family Council (CR) 5:30 Dominoes (AP)	**3** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 1:00 Music with Kelly (LO) 2:00 Cookies & Coffee (AP) 2:30 Card BINGO (CR) *2nickels, 2dimes,4quarters, $1* 5:30 Dominoes (AP) 6:00 Poker **Bring $4* (3GC)	**4** 9:45 Exercise DVD (CR) 2:00 Cookies & Coffee (AP) 2:30 Dairy Barn ~ Ice Cream Social (CR)	**5** 9:45 Exercise DVD (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Poker: Nickel-Dime **Bring $4* (3GC) 5:30 Dominoes (AP)
6 10:00 Worship Service (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Catholic Rosary & Communion (CR) 5:30 Dominoes (AP)	**7** 9:45 Exercise DVD (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**8** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 11:00 Catholic Rosary & Communion (CR) 2:00 Cookies & Coffee (AP) 2:30 BINGO (CR) **Bring 10 dimes & 1 quarter* 5:30 Dominoes (AP)	**9** 10:00 Bible Study (2CC) 10:30 Bean Bag Toss (CR) 12:00 SUMMER BBQ (DR) 1:00 Women's Bible Study & Prayer (3CC) 2:00 Cookies & Coffee (AP) 2:30 Cribbage (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**10** Shopping at Cub 9:15 **Sign up* (LO) 9:45 Exercise DVD (CR) 10:30 Pool Sharks (BR) 2:00 Cookies & Coffee (AP) 2:30 Card BINGO (CR) *2nickels, 2dimes,4quarters, $1* 5:30 Dominoes (AP) 6:00 Poker **Bring $4* (3GC)	**11** 9:45 Exercise DVD (CR) 10:30 Card Making **Sign up.* (CR) BIRTHDAY PARTY!  1:30 Refreshments 2:00 Music by Liya (CR) 5:30 Dominoes (AP)	**12** 9:45 Exercise DVD (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Poker: Nickel-Dime **Bring $4* (3GC) 5:30 Dominoes (AP)
13 GRANDPARENTS DAY! 10:00 Worship Service (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 3:25 MN Vikings Party **Bring own drink & a snack to share* (AP) 5:30 Dominoes (AP)	**14** 10:30 Bocce Ball (CR) 1:00 Fun Facts (AP) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:30 Blackjack ~ $1 (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**15** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 11:00 Catholic Rosary & Communion (CR) 2:00 Cookies & Coffee (AP) 2:30 BINGO (CR) **Bring 10 dimes & 1 quarter* 5:30 Dominoes (AP)	**16** Historic Fort Snelling 8:45 Bus Tour **Sign up* (LO) 10:00 Bible Study (2CC) 1:00 Women's Bible Study & Prayer (3CC) 2:00 Cookies & Coffee (AP) 2:30 Cribbage (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**17** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 10:45 Lunch: Original Pancake House **Sign up* (LO) 1:00 Music with Kelly (LO) 2:00 Cookies & Coffee (AP) 2:30 Card BINGO (CR) $2.30 5:30 Dominoes (AP) 6:00 Poker **Bring $4* (3GC)	**18** 9:45 Exercise DVD (CR) ~ Happy Hour ~ 1:30 Refreshments 2:00 Music by Laura & Christine (CR) 2:00 Cookies & Coffee (AP) 5:30 Dominoes (AP)	**19** 9:45 Exercise DVD (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Poker: Nickel-Dime **Bring $4* (3GC) 5:30 Dominoes (AP)
20 10:00 Worship Service (CR) 12:00 MN Vikings Party **Bring own drink & a snack to share* (AP) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Catholic Rosary (CR) 5:30 Dominoes (AP)	**21** 10:30 Bocce Ball (CR) 1:00 Fun Facts (AP) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:30 Blackjack ~ $1 (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**22** 10:00 Get Fit! (CR) 10:30 Pool Sharks (BR) 11:00 Catholic Rosary & Communion (CR) 2:00 Cookies & Coffee (AP) 2:30 BINGO (CR) **Bring 10 dimes & 1 quarter* 5:30 Dominoes (AP)	**23** 10:00 Bible Study (2CC) 10:30 Bean Bag Toss (CR) 1:00 New Tenant Welcome (CR) 1:00 Women's Prayer (3CC) 2:00 Cookies & Coffee (AP) 2:30 Cribbage (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**24** Shop: Dollar Tree 9:15 **Sign up* (LO) 9:45 Exercise DVD (CR) 10:30 Pool Sharks (BR) 1:00 Music with Kelly (LO) 2:00 Cookies & Coffee (AP) 2:30 Card BINGO (CR) $2.30 5:30 Dominoes (AP) 6:00 Poker **Bring $4* (3GC)	**25** 9:45 Exercise DVD (CR) ~ Happy Hour ~ 1:30 Refreshments 2:00 Music by Firespice Band (CR) 2:00 Cookies & Coffee (AP) 5:30 Dominoes (AP)	**26** 9:45 Exercise DVD (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:00 Poker: Nickel-Dime **Bring $4* (3GC) 5:30 Dominoes (AP)
27 10:00 Worship Service (CR) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 3:05 MN Vikings Party **Bring own drink & a snack to share* (AP) 5:30 Dominoes (AP)	**28** 10:30 Bocce Ball (CR) 1:00 Fun Facts (AP) 1:45 Matinee Movie (TH) 2:00 Cookies & Coffee (AP) 2:30 Blackjack ~ $1 (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)	**29** Made to Order Breakfast (DR) 8:00 Get Fit! (CR) 10:00 Pool Sharks (BR) 11:00 Catholic Rosary (CR) 2:00 Cookies & Coffee (AP) 2:30 BINGO (CR) **Bring 10 dimes & 1 quarter* 5:30 Dominoes (AP)	**30** 10:00 Bible Study (2CC) 10:30 Bean Bag Toss (CR) 1:00 Women's Bible Study & Prayer (3CC) 2:00 Cookies & Coffee (AP) 2:30 Cribbage (CR) 2:30 Kings Corner (2CC) 5:30 Dominoes (AP)		**Locations for Programs:** AP 1st Floor Arbor Pub FC Fitness Center LIB Library CR 2nd Floor Comm. Room 3CC 3rd Floor Card Cove 3GC 3rd Floor Game Corner BR 4th Floor Billiard Room 4GC 4th Floor Game Corner	**Locations for Programs:** TH Theater LO Lobby PAT 2nd Floor Patio DR Dining Room 2CC 2nd Floor Card Cove FP Front Porch GAZ Gazebo CL 2nd Floor Computer Lab

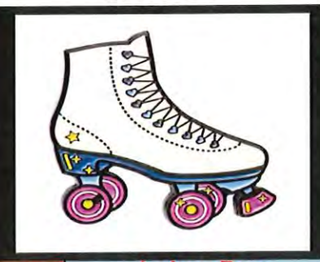
September 2026 East

Arbor Lakes Senior Living
EAST Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: The Activity Calendar is subject to change. Please refer to daily postings for any schedule changes. Thank you for your understanding!		**1** 10:00 Hand Massage 10:45 **Communion-Catholic** 11:00 Chair Yoga 11:30 Lunch 12:30 Westerns 2:45 Acorn Toss 3:30 Word Games 5:15 Finishing Lyrics 6:15 Evening Strolls	**2** 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	**3** 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Coloring Fun	**4** 10:00 Morning Visits 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	**5** 10:00 Current Events 11:00 Chair Yoga 11:30 Lunch 12:30 Barrel of Laughs 2:45 Arts and Crafts/ Jill 3:30 Word Search 4:00 Sing-a-long 4:30 Supper
6 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 **Communion-Catholic** 3:15 Balloon Ball 3:45 Bingo 4:30 Supper	**7** Labor Day 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Labor Day Trivia 5:15 Sing-a long 6:30 Evening Chats	**8** 10:00 Barb and Skyler the dog 10:45 **Communion-Catholic** 11:00 Chair Yoga 12:30 Westerns 2:45 Acorn Toss 3:30 Word Games 5:15 Coloring Fun 6:15 Evening Strolls	**9** 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:15 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	**10** 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Evening Strolls	**11** 8:45 Golden Griddle 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Find whats Different 3:15 Lyia Violin Music 4:30 Supper	**12** 10:00 Current Events 11:00 Balloon Toss 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Word Search 4:00 Old Time Classics 4:30 Supper
13 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 3:00 Ax Throwing 3:15 Bingo 3:30 Trivia 4:30 Supper	**14** 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	**15** 10:00 Hand Massage 10:45 **Communion-Catholic** 11:00 Chair Yoga 11:30 Lunch 12:30 Westerns 2:45 Acorn Toss 3:30 Word Games 5:15 Finishing Lyrics 6:15 Evening Strolls	**16** 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	**17** 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Coloring Fun	**18** 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 3:15 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	**19** 10:00 Current Events 11:00 Chair Yoga 11:30 Lunch 12:30 Barrel of Laughs 2:45 Kitchen Creations 3:30 Word Search 4:00 Sing-a-long 4:30 Supper
20 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 **Communion-Catholic** 3:15 Balloon Ball 3:45 Bingo 4:30 Supper	**21** 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Labor Day Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	**22** 10:00 Hand Massage 10:45 **Communion-Catholic** 11:00 Chair Yoga 11:30 Lunch 12:30 Westerns 2:45 Acorn Toss 3:30 Word games 5:15 Coloring Fun 6:30 Evening Strolls	**23** 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	**24** 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Evening Strolls	**25** 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	**26** 10:00 Current Events 11:00 Balloon Toss 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Word Search 4:00 Old Time Classics 4:30 Supper
27 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 3:00 Ax Throwing 3:15 Bingo 3:30 Trivia 4:30 Supper	**28** 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	**29** 10:00 Hand Massage 10:00 **Communion-Catholic** 10:45 Chair Yoga 11:00 Lunch 4:30 Westerns 2:45 Acorn Toss 3:30 Head Band 5:15 Chicken Soup Story's 6:30 Evening Strolls	**30** 10:00 Decorate B.B. 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Rhythm Band 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce			

Sept. 2026 West

Arbor Lakes Senior Living
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.		**1** 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Board Game 4:45 Supper 5:15 Bowling 5:45 Reminisce	**2** 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	**3** 10:30 Scripture Reading 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	**4** 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	**5** 10:30 Morning Walks 11:45 Lunch 12:15 Crafts with Jill 12:45 Chair Yoga 4:15 Card Games 4:45 Supper 5:15 Remeberance
6 10:30 Sunday Devotions 11:45 Lunch 12:15 Finish Lyrics 12:45 Movin and Groovin 2:45 Communion-Catholic 4:15 Wheel of Fortune 4:45 Supper 5:15 Bean Bag	**7** Labor Day 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Labor Day Trivia 5:45 Evening Chats	**8** 10:30 Barb & Skyler the Dog 10:30 Communion-Catholic 12:15 Head Band 12:45 Chair Yoga 4:15 Coloring Fun 4:45 Supper 5:15 Bowling 5:45 Reminisce	**9** 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lines 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	**10** 10:30 Scripture Reading 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Acorn Toss 5:45 Evening Strolls	**11** 8:00 Golden Griddle 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:00 Liya Violin Music 4:45 Supper 5:15 Bingo 5:45 Room Visits	**12** 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Balloon Toss 4:15 Word Games 4:45 Supper 5:15 Current Events
13 10:30 Sunday Devotions 11:45 Lunch 12:15 Trivia 12:45 Movin and Groovin 4:15 Word Games 4:45 Supper 5:15 Bean Bag	**14** 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	**15** 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Board Game 4:45 Supper 5:15 Bowling 5:45 Reminisce	**16** 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	**17** 10:30 Scripture Reading 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	**18** 10:30 Morning Walks 11:45 Lunch 12:15 Penny Ante 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	**19** 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Chair Yoga 4:15 Kitchen Creations 4:45 Supper 5:15 Remeberance
20 10:30 Sunday Devotions 11:45 Lunch 12:15 Finish Lyrics 12:45 Movin and Groovin 2:45 Communion-Catholic 4:15 Wheel of Fortune 4:45 Supper 5:15 Bean Bag	**21** 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	**22** 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Board Game 4:45 Supper 5:15 Bowling 5:45 Reminisce	**23** 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	**24** 10:30 Scripture Reading 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Bingo 4:45 Supper 5:15 Acorn Toss 5:45 Evening Strolls	**25** 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	**26** 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Balloon Toss 4:15 Card Games 4:45 Supper 5:15 Chicken Soup
27 10:30 Sunday Devotions 11:45 Lunch 12:15 Trivia 12:45 Movin and Groovin 4:15 Word Games 4:45 Supper 5:15 Bean Bag	**28** 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	**29** 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Balloon Toss 4:15 Chair Yoga 4:45 Supper 5:15 Bowling 5:45 Reminisce	**30** 10:30 Decorate B.B. 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory			