

October, 2026 West



Portwind at Maple Grove
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.				1 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	2 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	3 10:30 Morning Walks 11:45 Lunch 12:15 Crafts with Jill 12:45 Chair Yoga 4:15 Card Games 4:45 Supper 5:15 Remeberance
				8 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Acorn Toss 5:45 Evening Strolls	9 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	10 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Balloon Toss 4:15 Word Games 4:45 Supper 5:15 Current Events
4 10:30 Sunday Devotions 11:45 Lunch 12:15 Finish Lyrics 12:45 Movin and Groovin 2:45 Communion-Catholic 4:15 Wheel of Fortune 4:45 Supper 5:15 Bean Bag	5 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Trivia 5:45 Evening Chats	6 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Coloring Fun 4:45 Supper 5:15 Bowling 5:45 Reminisce	7 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lines 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	15 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	16 10:30 Morning Walks 11:45 Lunch 12:15 Penny Ante 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	17 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Chair Yoga 4:15 Kitchen Creations 4:45 Supper 5:15 Remeberance
11 10:30 Sunday Devotions 11:45 Lunch 12:15 Trivia 12:45 Movin and Groovin 4:15 Word Games 4:45 Supper 5:15 Bean Bag	12 Columbus Day 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	13 10:30 Barb & Skyler the Dog 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Board Game 4:45 Supper 5:15 Bowling 5:45 Reminisce	14 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:00 Music by Bill Mann 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	22 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Bingo 4:45 Supper 5:15 Acorn Toss 5:45 Evening Strolls	23 8:00 Golden Griddle 10:30 Morning Walks 11:45 Lunch 12:15 Outburst 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	24 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Balloon Toss 4:15 Card Games 4:45 Supper 5:15 Chicken Soup
18 10:30 Sunday Devotions 11:45 Lunch 12:15 Finish Lyrics 12:45 Movin and Groovin 2:45 Communion-Catholic 4:15 Wheel of Fortune 4:45 Supper 5:15 Bean Bag	19 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	20 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Chair Yoga 4:15 Board Game 4:45 Supper 5:15 Bowling 5:45 Reminisce	21 10:30 Morning Walks 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	29 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	30 10:30 Decorate B.B. 11:45 Lunch 12:15 Penny Ante 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	31 Happy Halloween 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Chair Yoga 4:15 Card Games 4:45 Supper 5:15 Halloween Remeberance
25 10:30 Sunday Devotions 11:45 Lunch 12:15 Trivia 12:45 Movin and Groovin 4:15 Word Games 4:45 Supper 5:15 Bean Bag	26 10:30 Morning Walks 11:45 Lunch 12:15 Card Games 12:45 Paddle Ball 4:15 Cards: Go Fish 4:45 Supper 5:15 Bingo 5:45 Evening Chats	27 10:30 Hand Massage 10:30 Communion-Catholic 11:45 Lunch 12:15 Head Band 12:45 Balloon Toss 4:15 Chair Yoga 4:45 Supper 5:15 Bowling 5:45 Reminisce	28 10:30 Mom's with Kid's 11:45 Lunch 12:15 Finishing Lyrics 12:45 Stretch and Flex 4:15 Conversation Cards 4:45 Supper 5:15 Ladderball 5:45 Shake Loose a Memory	29 10:30 Scripture Reading ✝ 11:45 Lunch 12:15 Call Out the Answer 12:45 Balloon Ball 4:15 Table Game 4:45 Supper 5:15 Bean Bag Toss 5:45 Evening Strolls	30 10:30 Decorate B.B. 11:45 Lunch 12:15 Penny Ante 12:45 Movin and Groovin 4:15 Card Games 4:45 Supper 5:15 Bingo 5:45 Room Visits	31 Happy Halloween 10:30 Morning Walks 11:45 Lunch 12:15 Trivia 12:45 Chair Yoga 4:15 Card Games 4:45 Supper 5:15 Halloween Remeberance

October 2026 East



Portwind at Maple Grove
EAST Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: The Activity Calendar is subject to change. Please refer to daily postings for any schedule changes. Thank you for your understanding! 						
4 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Communion-Catholic 3:15 Balloon Ball 3:45 Bingo 4:30 Supper	5 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Labor Day Trivia 5:15 Sing-a long 6:30 Evening Chats	6 10:00 Hand Massage 10:45 Communion-Catholic 11:00 Chair Yoga 11:30 Lunch 12:30 Westerns 2:45 Acorn Toss 3:30 Word games 5:15 Coloring Fun 6:30 Evening Strolls	7 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:15 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	8 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Evening Strolls	9 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	10 10:00 Current Events 11:00 Chair Yoga 11:30 Lunch 12:30 Barrel of Laughs 2:45 Arts and Crafts/ Jill 3:30 Word Search 4:00 Sing-a-long 4:30 Supper
11 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Ax Throwing 3:15 Bingo 3:30 Trivia 4:30 Supper	12 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	13 10:00 Barb and Skyler the dog 10:45 Communion-Catholic 11:00 Chair Yoga 12:30 Westerns 2:45 Acorn Toss 3:30 Word Games 5:15 Finishing Lyrics 6:15 Evening Strolls	14 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:15 Music w/ Bill Mann 4:30 Supper 5:15 Trivia 6:30 Reminisce	15 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Coloring Fun	16 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 3:15 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	17 10:00 Current Events 11:00 Chair Yoga 11:30 Lunch 12:30 Barrel of Laughs 2:45 Kitchen Creations 3:30 Word Search 4:00 Sing-a-long 4:30 Supper
18 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Communion-Catholic 3:15 Balloon Ball 3:45 Bingo 4:30 Supper	19 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Labor Day Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	20 10:00 Hand Massage 10:45 Communion-Catholic 11:00 Chair Yoga 11:30 Lunch 12:30 Westerns 2:45 Acorn Toss 3:30 Word games 5:15 Coloring Fun 6:30 Evening Strolls	21 10:00 Morning Walks 11:00 Stretch & Flex 11:30 Lunch 12:30 Barrel of Laughs 2:45 Ladderball 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	22 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Evening Strolls	23 8:45 Golden Griddle 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Find whats Different 4:30 Supper 6:30 Room Visits	24 10:00 Current Events 11:00 Balloon Toss 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Word Search 4:00 Old Time Classics 4:30 Supper
25 10:00 Sunday Devotions 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Ax Throwing 3:15 Bingo 3:30 Trivia 4:30 Supper	26 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everybody Loves Raymond 2:45 King's Corner 3:30 Bingo 4:30 Supper 5:15 Sing-a long 6:30 Evening Chats	27 10:00 Hand Massage 10:45 Communion-Catholic 11:00 Chair Yoga 11:00 Lunch 4:30 Westerns 2:45 Acorn Toss 3:40 Head Band 5:15 Chicken Soup Story's 6:30 Evening Strolls	28 10:00 Mom's with Kids 11:00 Stretch & Flex 12:30 Barrel of Laughs 2:45 Rhythm Band 3:45 Would You Rather 4:30 Supper 5:15 Trivia 6:30 Reminisce	29 10:00 Scripture Reading 11:00 Balloon Ball 11:30 Lunch 12:30 TV Classics 2:45 Bowling 3:30 Jigsaw Puzzles 4:30 Supper 5:15 Call Out the Answer 6:30 Coloring Fun	30 10:00 Decorate B.B. 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Find whats Different 4:30 Supper 5:15 Senior Yoga 6:30 Room Visits	31 Happy Halloween 10:00 Current Events 11:00 Chair Yoga 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Word Search 4:00 Sing-a-long 4:30 Supper